H₂S PRODUCTION BY WINE YEAST 
DURING ALCOHOLIC FERMENTATION

What is hydrogen sulfide?

Hydrogen sulfide, also known as H₂S (Figure 1), is a powerful volatile compound. Its odor is associated with rotten egg and/or sewage-like. It is produced in different concentrations by wine yeasts depending on a variety of factors both environmental and genetics.

Why do I want to avoid this compound in my wine?

Hydrogen sulfide (H₂S) is an important contributor to the so-called ‘reductive’ off-flavor present in some wines, with an odor threshold of only 0.9-1.1 µg/L for white wine and 1.6 µg/L for red wine. Even at a level that can’t be detected by a human nose, H₂S can impact the wine aroma negatively, masking the fruit, and giving a ‘closed’ sensation. Moreover, the chemical reactivity of H₂S can lead to the formation of other negative compounds such as sulphides and mercaptans especially during aging.

How is it produced?

Research has shown that all yeasts, indigenous or selected produce H₂S and the capacity of the yeast to do so is genetically determined. The wine yeast will also respond differently to different environmental factors, for example, nutritional status of the must, which can impact H₂S formation. There are various mechanisms through which hydrogen sulphide may be produced by Saccharomyces cerevisiae. H₂S may be generated through the degradation of sulphur containing amino acids, the reduction of elemental sulphur, or the reduction of sulphite or sulphate (Karagiannis and Lanaridis 1999). Hydrogen sulphide can be formed during primary fermentation, at the beginning when biomass production is at its peak, or late in the final stages of sugar consumption (Spiropoulos et al. 2000). Early formation of H₂S is thought to be due to sulphate reduction and the release of reduced sulphide prior to incorporation into the organic carbon acceptor, O-acetyl-L-homoserine, in the biosynthesis of methionine, cysteine and their derivatives (Figure 2). Inefficiency of incorporation of the reduced sulphur into the precursors of these amino acids coupled with release of the reduced sulphide from the active site of sulphite reductase has been proposed to result in leakage of sulphide from the pathway and the formation of H₂S (Eschenbruch et al. 1978, Jiranek et al. 1992, Rankine 1963, Spiropoulos et al. 2000). Late formation of sulphide may be due to turnover of S-containing components in the cell, such as methionine, cysteine or glutathione, or may be a consequence of the role of the sulphate reduction pathway in stress tolerance. When other preferred nitrogen sources are depleted, Saccharomyces can degrade sulphur-containing amino acids, even its own amino acids to utilize the nitrogen, resulting in the release of H₂S or other volatile sulphur compounds as by-products.
How the level of negative sulfur compounds (especially H₂S) are impacted by the yeast and its environment?

Extensive research has provided evidence that yeasts, therefore genetic background, is an important variable in H₂S production, and that yeasts respond differently to physiological and environmental factors in the production of reduced sulphide (Spiropoulos and Bisson 2000, Spiropoulos et al. 2000). Therefore, it is crucial to know the potential of a specific yeast to produce H₂S.

Also, nitrogen deficiency can result in excessive production of hydrogen sulfide associated with reductive off-odors and flavors (Mestres, Busto, & Guasch, 2000; Wang, Bohlscheid, & Edwards, 2003). As a general guideline, grape musts to be fermented are considered nitrogen deficient when concentrations of YAN are below 140–150 mg N/L. Yeast strains utilize YAN with differing efficiencies and are influenced by the forms of nitrogen-containing compounds available (Julien et al. 2000).

A good management of yeast nutrition and oxygen addition, but also the presence of micronutrients, is one of the key tools to limit the apparition of negative sulfur compounds as they contribute to reduce the yeast stress and provide enough nitrogen and oxygen to allow a better yeast metabolism.

But despite those preventive key points of a good alcoholic fermentation management are respected, S. cerevisiae, whether selected or spontaneous, is susceptible to produce H₂S, if it is a naturally, and genetically a high producer.

THE RESULTS

Some results

Saccharomyces cerevisiae wine yeast, whether selected or spontaneous, will produce H₂S, but as mentioned above, it will depend on both the yeast and the environmental factors. This compound is problematic because of the low thresholds of detection. Not only its rotten egg smell is highly undesirable, its chemical reactivity can lead to the formation of more deleterious compounds (sulphides and mercaptans) during further wine aging.

In a study done in our research laboratory and with the work of Park (2004) at UC Davis (USA) showed that wine yeasts produced different levels of H₂S during fermentation and were categorized as low, medium and high producers (Figure 3).

When there is a nitrogen deficiency, (low Yeast Assimilable Nitrogen – YAN), H₂S production will increase as the yeast will most likely use its own amino acids (containing sulphur molecule) as a source of nitrogen, and release in the medium (must) the remaining -HS group, that will form sulphur compounds.

The best strategy to avoid such situation is to select a wine yeast that will produce very little H₂S to know if your selected yeast has a high demand for nitrogen during fermentation and to properly manage alcoholic fermentation.

A new wine yeast

In our research program, we studied the possibility to select a yeast which would never produce H₂S in any conditions, especially in white must which are often over-clarified and lacking essential YAN. The yeast Lalvin Sensy™ was selected through natural crossing of yeast to achieve this goal.
During several trials over the years, it was shown that the production of H$_2$S remain close to null in many conditions and the resulting wine shows varietal and desirable fermentative aromas from quality white grapes, and not overshadowed by H$_2$S rotten egg fault. The SO$_2$ and acetaldehyde production also remained low with the use of this yeast (figure 5).

The low capacity to produce H$_2$S is a great advantage to fully leave expression of aroma from quality white grape. For example, in a Sauvignon blanc wine (Figure 6), the sensory profile was described as with higher intensity in retro olfaction, more fruit, more tropical fruit less “mercaptan”.

However, even if Lalvin Sensy™ is not able to produce H$_2$S whatever the conditions are, it does not mean that we don’t have to pay attention to nutrition and oxygen management. Yeast nutrition doesn’t have only an effect on the negative sulfur compounds but on the whole yeast metabolism, from its fermentative performance to its aromas metabolism.

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Figure 5: H$_2$S, SO$_2$ and acetaldehyde production by Lalvin Sensy™

Figure 6: Sensory analysis of Sauvignon blanc (2014 – France) wine fermented with Lalvin Sensy™ compared to a control.
A WORD FROM OUR EXPERT

Sam Harrop MW

Sam Harrop MW, has spent more than 20 years working in the international wine industry, with a diverse career that bridges the gap between the technical and complex world of wine making and the consumer’s appreciation of the end product. Sam holds a Bachelor of Commerce and a post-graduate diploma in Oenology. He is also a Master of Wine, having passed on his first attempt in 2002, and the recipient of the Tim Derouet Award for outstanding performance. Sam regularly appears in both the trade and consumer press in the UK and around the world as a key wine industry commentator, and in 2011, he co-authored the book ‘Authentic Wine’ with Jamie Goode, focusing on concepts of naturalness and sustainability in winemaking.

In 2012 the International Wine and Spirit Competition presented Sam with ‘The Julian Brind Memorial Trophy for Outstanding Achievement in the Wine Industry’. In December 2013 The Drinks Business, one of the key trade publications in the UK, selected Sam as the 10th most influential wine consultant in the world.

From creating profitable wine ranges for Marks and Spencer (UK), to consulting for small vineyards in Europe; judging and co-chairing the International Wine Challenge in London and establishing the competition’s flourishing Sake category, Sam is one of the most influential wine making consultants in the world.

A QUICK SUMMARY

Hydrogen sulphide (rotten egg) aroma is a serious fault in wine and will result in quality loss in the final product. Its production is mainly found during alcoholic fermentation. H₂S production by wine yeast varies based on the yeast used as well as on the environmental factors, especially the assimilable nitrogen concentration and micronutrients present. Ranging from low to high producers, this characteristic is important to take into account, as well as the nutritional status of the must, when deciding on a fermentation strategy.

The best way to avoid formation of H₂S during winemaking are to choose a low H₂S yeast producer and apply good fermentation practices, and also use wine yeast such as Lalvin Sensy™ which have been especially selected to avoid the production of this compound while keeping in mind a good nutrition and oxygen addition strategy. It is adapted to white winemaking fermentation where the conditions (such as low NTU, low temperature, low YAN) could affect H₂S formation, and the Lalvin Sensy™ with its low capacity to produce H₂S, as well as SO₂ and acetaldehyde, will let the varietal aromas be fully expressed.